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ABSTRACT

Directed at practitioners and students of family therapy, this book presents a treatment framework that is compatible with a wide variety of therapeutic techniques. Focusing on the development over time of the family life cycles--from marriages in formation to the "postparental couple"--this book explores the unique challenges and opportunities that each stage of family life presents. Section one, "Personality, Context and Integration," offers a theoretical overview of family therapy, stressing the need to consider the force of the individual human personality in treatment. Chapters are: (1) Family Therapy: Revolution and Evolution; (2) An Integrative Approach to Family Therapy; and (3) The Family System and Development. The second section, "Evaluation and Treatment," demonstrates how to apply the integrative approach outlined in the first section to the various stages of the family's developmental life cycle. Chapters are: (4) Perspectives on Therapy; (5) Family Evaluation and Treatment; (6) Therapy with Families in Formation; (7) Therapy with Expanding Families; (8) Therapy with Contracting Families; (9) Therapy with Postparental Couples; (10) Therapy with Families in Transition: Divorce; and (11) Therapy with Families in Transition: Remarriage. Contains an index and over 400 references. (PKB)

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